



INVESTING IN CHILD NUTRITION

Spring 2023 Preschool Menu

Lunches are created and portioned by age group and with guidance from the USDA and Agricultural Recommendations. To preserve quality, fruits, vegetables and menu items are subject to change.



Lunches are served with a side and include a daily fruit or veggie

Week 1

Turkey Sub
Cheese Quesadilla
Pita Pizza
Loaded Mac
Chicken Lo Mein

Week 2

Orange Chicken
BBQ Sandwich
Baked Spaghetti
Chicken Nuggets
Cheesy Beef Noodles

Week 3

Chicken Alfredo
Quesadilla
Pita Pizza
Sweet Meatballs
Ham and Cheese
Croissant

Week 4

Yogurt Parfait
Cheeseburger
Baked Spaghetti
Chicken Taquitos
Quesadilla



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